

Course Title	MENTAL HEALTH				
Faculty	Faculty of Law and Business Studies Dr Lazar Vrkić				
Study Programme	Business Psychology				
Professor	Full Professor Vesna Petrović		Contact (e-mail address)	v.petrovic581@gmail.com	
Code		Course level	Undergraduate (BA)	ECTS credits	6
Description (max. 100 words)	Main topics: The field of mental health: Models of mental health, Mental health in relation to a mental disorder, Models of positive mental health: Wealth; Subjective well-being; Character strengths and classification of virtues; Prevention - primary, secondary and tertiary prevention in the field of mental health; Psychosocial approach and programs; Psychology of the community; The concept of stress - Stress suppression mechanisms - Psychological resistance to stress - The notion of crisis - Psychological crisis intervention - Trauma concept - Trauma and development of traumatic reactions; Why is there a reaction?				
Learning outcomes (max. 50 words)	Students will be trained in identifying mental health indicators, signs of stress, and creating strategies for overcoming them; in creating and implementing psychosocial programs; in creating strategies for stimulating psychological resistance to stress; in the application of interventions in a crisis and in psychic trauma.				
Semester	4		Maximum number of visiting students		
Language	Serbian		Available for international students (YES or NO)	YES	